

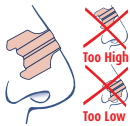
Breathe Right®

NASAL STRIPS

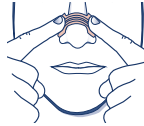
How To Use



Clean Wash and dry your nose to remove any oil (for oily skin, use an astringent).



Place Remove the liner and place the strip on the nose.



Apply Press down ends and rub gently to secure. It is normal to see slight lifting at the edges as it opens your nose.



Remove your nasal strip while washing your face with warm water or when you're in the shower. Always remove the strip gently.

Why Breathe Right?

- **Instant Relief.** Nasal congestion is caused by inflammation in the nose. Decongestants shrink that swelling over time but Breathe Right nasal strips instantly open your nose for even better airflow.
- **Long-lasting Relief for up to 12 hours.** Breathe Right works for as long as you wear the strip.
- **Comfortable.** Constructed entirely of trusted, 3M™ medical components for comfortable fit and removal.
- **Can be used day or night.**
- **Immediate nasal congestion relief you can use anytime, anywhere**



Drug Free

Safe to use with any medicine including...

- Nasal sprays and Saline sprays
- Allergy sprays and pills
- Decongestants and cold/flu medication
- No drug interactions

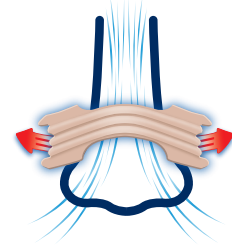
Breathe Better. Sleep Better.®



For more information visit: breatheright.com

How They Work

- Special 3M™ adhesive holds strip comfortably in place.
- Flexible “spring-like” bands gently lift and open the nose to improve airflow.



Breathe Right® opens your nose up to 38% more than decongestant sprays alone.

WARNINGS AND PRECAUTIONS: For external use only. Do not use over sores, sunburned or irritated skin. If rash or skin irritation occurs, discontinue use. Do not use more than 12 hours per day. For single use only. Disposable - use each strip only once. Keep out of reach of children. Not for children under 5 years of age.

CAUTION: The packaging of this product contains natural rubber latex which may cause allergic reactions.

DO NOT USE FOR SLEEP APNEA: Persons who have symptoms of sleep apnea should consult their doctor.

ADVERSE REACTIONS: Application site reaction (e.g. redness, irritation, pain, peeling/bleeding). Hypersensitivity reaction including rash, itching and swelling when using the nasal strips. If this occurs, discontinue use.

For more information about Breathe Right, please visit our website at breatheright.com.

Questions or comments? Call 1-800-858-6673 weekdays 9 AM to 5 PM EST.

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